

THE

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FACTOR



## **Session 2: Dating Dilemmas**

# THE SEX FACTOR

1. Are you ready for a relationship?
2. Value a season of singleness.
3. Why do you want a relationship?

Proverbs 4:23 “Above all else guard your heart for it is the wellspring of life.”

4. Do **NOT** join yourself with a non-Christian.

2 Corinthians 6:14-16

Matthew 5:13-17

# THE SEX FACTOR

4. Do **NOT** “join yourself” with a non-Christian.

**DO** live what you say

**DO** live in the real world

**DON'T** live dangerously

**DON'T** live by taking unnecessary risks.

5. Start practicing for marriage.

Ephesians 5:22-32



## 6. Understand sex drives!

Men = light switch

Girls = Dimmer switch

1 Timothy 5:1-2 "Do not speak angrily to an older man, but plead with him as if he were your father.

Treat younger men like brothers, older women like mothers **and younger women like sisters.**

**Always treat them in a pure way."**

Is what I'm **doing** helpful to that person? // Is what I'm **wearing** helpful to that person?

# THE SEX FACTOR

## *For those 'Going Out'*

7. Keep your hands to yourself.
8. Maintain other friendships and involve a boyfriend/girlfriend with other key people in your life.
9. Keep the relationship light and healthy.
10. Keep Jesus at the centre of it all.

# Questions for Small Groups

1. *Any questions from what was shared tonight?*
2. *Go around the Group and share one thing which stood out for you.*
3. *Identify any practical changes you need to make to your life having heard this talk.*

